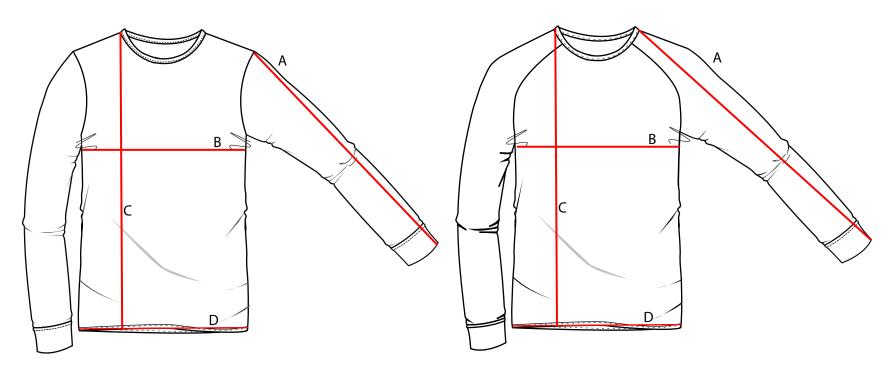


# How to measure guide





Start at the highest point on the shoulder and measure all the way down - including cuff. Ensure sleeve is laying flat and straight.

### **B** - Chest

Measure 2.5cm down from armhole and then straight across the chest.

## **C** - Body Length

Start at the highest point on the shoulder (HPS) and measure straight down including hems.

#### D - Hem

Start at one side and measure straight across to the other. Garment should be flat.

#### E - Waist

Measure across from edge of the waist band to the other.

#### F - Inseam

Measure from the highest point on the crotch down the inner side seam including the cuff.

